



# Asthma-Friendly Schools Recognition 2018-2019 Application Checklist

## To apply for Asthma-Friendly School Recognition, schools must:

1. Submit the [Asthma-Friendly School Recognition Interest form](#).
2. Connect with your local Asthma-Friendly School Mentor.
3. Review the application and implement criteria for the desired recognition level.
4. Complete the application and submit by April 5, 2019 to: [FLAsthmaCoalition@gmail.com](mailto:FLAsthmaCoalition@gmail.com).

*Please note: Incomplete applications will not be reviewed.*

## Required Document Checklist:

### *Bronze*

Completed application with no missing information or unchecked or blank boxes

All individual "[Asthma Basics](#)" certificates of completion (must include PE teacher)

All individual "[Asthma Management and Education Online \(AME-O\)](#)" certificates of completion by RNs/LPNs assigned to the school.

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### *Silver*

All documentation listed above, in addition to:

[ASME student tracker](#) ("Open Airways for Schools" for grades 3-5 and "Kickin Asthma" for grades 6-12)

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### *Gold*

All documentation listed above, in addition to:

Copies of policies supporting the EPA's "[Indoor Air Quality Tools for Schools](#)"

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### *Platinum*

All documentation listed above, in addition to:

Copies of comprehensive asthma policies at the school and district level

**I understand that all check boxes under each criterion are required for recognition.**



# Asthma-Friendly Schools Recognition 2018-2019 Application

**Please Note: An Interest Form must be submitted prior to the AFS application.**

**School Name**

**School District**

**School Mailing Address**

**Grades Taught**

K-5

6-8

9-12

Other

**Please check type of school:**

Public

Private

Charter

Other

**Is the school Title I:**

Yes

No

Not Sure

**Number of Students:**

**Number of Faculty/Staff:**

**School Nurse's Name:**

**School Nurse's Email:**

**Credentials**

**Principal's Name:**

**Principal's Email:**

**Recognition Level Applying for: (select one)**

**Principal Attestation:**  
**(Check below, indicate date)**

**Date:**

I attest that our school achieved the criteria level indicated and the information included on the following pages is accurate.

Are you a Florida Asthma Coalition (FAC) member? (not required)      Yes      No

Are you a member of the Schools and Childcare Center Workgroup?      Yes      No

**Check or fill out each box within the level of recognition you are applying for.**

## **Bronze**

### **Criterion 1: Asthma Leadership Team Established**

Our school has an Asthma Champion who leads our school's Asthma Leadership Team. Note: This team may align with the existing school wellness team or other similar school health and/or safety team.

**Name of Asthma Champion/Team Leader:**

**Title of Asthma Champion/Team Leader:**

**Asthma Champion/Team Leader's Email:**

**Asthma Champion/Team Leader's Phone Number (with extension):**

### **Criterion 2: Professional Development for Faculty and Staff - ALA's Asthma Basics**

Our faculty and staff completed the American Lung Association (ALA) "Asthma Basics" (free online course) or other coalition pre-approved asthma education curriculums. (Attach all individual certificates – must include PE teacher).

**NOTE:** The certificate is good for two years; however, the certificate still needs to be provided each year for documentation.

Number of staff who completed the training (attach all individual certificates):

Percentage of staff who completed the training:  
(25% Bronze, 50% Silver, 75% Gold & Platinum)

All school Health Aides, Techs, and Unlicensed Assistive Personnel have completed Asthma Basics

All RNs/LPNs assigned to the school have completed the free online AAFA Course "[Asthma Management and Education Online \(AME-O\)](#)". RNs earn 7 CEUs by taking this course (attach individual certificates)

### **Criterion 3: Access to Medications**

Per Section 1002.20 (3)(h), Florida Statutes, our school policy enables students with parent and physician approval to carry and self-administer metered dose inhalers and all students reported to have asthma have immediate access to appropriate medications.

## ***Bronze (continued)***

### **Criterion 4: Student Centered Asthma Support - Asthma Action Plans and Asthma Action Plan Policy**

Number of students with physician diagnosed asthma

Number of students with Asthma Action Plans

Percent of students with asthma that have Asthma Action Plans  
(25% Bronze, 50% Silver, 75% Gold and Platinum)

Our school has a standard emergency protocol for any student that has an asthma episode (even if they do not have an Asthma Action Plan on file).

Our school staff maintains a positive partnership through effective communication between parents, students, pediatricians and other primary care providers.

Referrals to medical care and medical insurance are made for students with asthma who are in need.

### **Criterion 5: Asthma Awareness: Posters "Steps to Follow for an Asthma Episode" and "Healthy Air Walkthrough - Classroom" and elementary school video "What is Asthma?"**

Our school displays the recommended posters in one or more high traffic areas (health room, cafeteria, main hallways, gym, media center). Recommended posters are: "Steps to Follow for an Asthma Episode" and "Healthy Air Walkthrough For an Asthma-Friendly Classroom".

Our school has played the "What is Asthma?" video for our elementary students (if applicable).

### **Criterion 6: Physical Education & Activity Opportunities for Students with Asthma - AirNow.gov**

Students with asthma are given the opportunity to participate in physical education fully, safely, and in accordance with the students' Asthma Action Plan and Individualized Health Care Plan.

Our PE teacher has completed ALA's "[Asthma Basics](#)".

Our PE teacher has signed up for [Airnow.gov](#) alerts.

Our PE teacher has a plan for indoor activities for students with asthma on poor air quality days.

## Silver

### Criterion 7: Asthma Self-Management Education (ASME) provided to students with asthma - ALA "Open Airways for Schools" and "Kickin Asthma"

Grades 3-5 ALA's "Open Airways for Schools' (OAS) and Grades 6-12 ALA's "Kickin Asthma" or other coalition pre-approved asthma self-management education curriculums. **Note:** A completed ASME Student Tracker must be submitted with application (see link below).

Percent of 3rd, 4th and 5th graders with asthma who completed OAS.  
Must submit [ASME student tracker](#). (50% Silver, 75% Gold & Platinum)

Percent of 6th, 7th, 8th, 9th, 10th, 11th and 12th graders with asthma who completed Kickin Asthma. Must submit [ASME student tracker](#). (50% Silver, 75% Gold & Platinum)

### Criterion 8: Asthma Education for Parents & Caregivers: ALA's "Asthma Basics"

Parents and caregivers were provided an opportunity to participate in the ALA's Asthma Basics, or other coalition pre-approved asthma education curriculum, within the past 24 months.

Date Asthma Basics Offered:

How was the opportunity shared? (please select an approved method below)

- |                 |                                |
|-----------------|--------------------------------|
| Flyers sent     | School Website (include link)  |
| home Newsletter | Social Media (include link)    |
| PTSA Meeting    | SHAC Meeting                   |
|                 | Student Orientation/Open House |
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## Gold

### **Criterion 9: Healthy Schools Environment & Indoor Air Quality (IAQ) Program: "EPA's Indoor Air Quality Tools for Schools Action Kit"**

Schools must implement all policies listed below and attach copies of all policies with the application. For sample policies and templates, review "Appendix B - Developing Indoor Air Policies" from the EPA's Indoor Air Quality Tools for Schools Action Kit.

[EPA's IAQ Tools for Schools Action Kit "Appendix B - Developing Indoor Air Policies"](#)

The Following EPA's Tools for Schools are implemented in our school:

	Implemented
Animals in the classroom policy	
Integrated pest management program	
Anti-idling policy	
Preventive maintenance and operations policy	
Construction/renovation policy	
Microbial management policy	
Staff indoor air quality education policy	

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## Platinum

### Criterion 10: Comprehensive Asthma Policy for School and/or District Level and Tobacco Free Schools

Date District Level Tobacco-Free Schools Policy Established:

Date Comprehensive Asthma Policy Established:

Schools must implement all policies listed below and attach copies of all policies with the application.

Comprehensive Asthma Policies Include:

	School Policy	District Policy
Asthma leadership team		
Professional asthma development for faculty and staff		
Access to medications		
Student centered asthma support		
Asthma awareness posters and video		
P.E. opportunities for students with asthma		
Asthma self-management education (ASME) for students with asthma		
Asthma education for parents and caregivers		
Healthy school environment indoor air quality program (see criterion #9)		
Referral to an asthma home visiting program for students whose asthma is poorly controlled (optional)		

## Resources:

### **General:**

[How Asthma Friendly is Your School?](#) A checklist from the National Heart Lung and Blood Institute.

American Association of School Administrators: [Asthma Communication Toolkit](#). This site includes resources for communicating the benefits of asthma management and building partnerships with school administrators, superintendents and school boards.

National Asthma Control Initiative: [Making Asthma a Priority for Schools and Childcare Centers](#)

[School Health Index](#): This Self-Assessment & Planning Guide enables schools to:

- Identify strengths and weaknesses of health and safety policies and programs
- Develop an action plan for improving student health and incorporate it into the School Improvement Plan
- Engage teachers, parents, students, and the community in promoting health-enhancing behaviors

Centers for Disease Control and Prevention: [Asthma and Schools](#)

[Initiating Change: Creating an Asthma-Friendly School](#): This site includes pod casts and presentations to help you raise awareness about what it takes to create an asthma-friendly school.

[Asthma Control: Are You Doing YOUR Part? An Update for School Nurses in School-based Asthma Management](#):

This webinar provides school nurses with information on the six guidelines-based priority messages from the NAEPP's Guidelines Implementation Panel (GIP) Report, as well as advances in school-based asthma management and techniques to overcome barriers to controlling asthma in the school setting. Hosted by Dr. Stephen Conley, the American School Health Association's (ASHA) Executive Director, panelists include Dr. Lani Wheeler, Pediatric Asthma Specialist; Dr. Benjamin Francisco, Director of Asthma Ready® Communities; and Deborah Cook, RN, Director of Health Services, Kennett Public Schools, Missouri.

[NAEPP: Asthma Basics for Schools](#): These slides provide updated information about the problem of asthma among school-age youth, the causes, signs and symptoms of asthma, the impact of asthma on student learning, asthma triggers, the control of asthma, assessing how asthma-friendly is your school, and how to handle an asthma episode.

### **Training:**

American Lung Association's (ALA) FREE On-line [Asthma Basics](#) (For Faculty, Staff, Parents, Adolescents)

American Lung Association's (ALA) [Open Airways for Schools](#) Curriculum (required for Silver, Gold and Platinum applications). Submit the [ASME Student Tracker](#). (Refer to the [Data Coding Guide for Schools](#) for assistance).

Asthma and Allergy Foundation of America's (AAFA) [Asthma Management and Education Training](#) (for RNs) (Please use FL-DOH as the group code and AAFA as the organization code.)

This course recognizes the critical role allied health professionals play in educating and caring for patients with asthma. Course content conforms with the National Asthma Education and Prevention Program (NAEPP) 2007 Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma. This free program contains 12 modules of self-paced study. Upon completion of the full course, nurses and Respiratory Therapists will be eligible to earn 7 continuing education credits from the American Nurses' Credentialing Center's Commission on Accreditation (ANCC) and the American Association for Respiratory Care (AARC).

### **Policy:**

[ALA's Asthma-Friendly School Initiative Toolkit](#): Sample School Medication Policy, Sample Field Trip Medication Policy and other policy language.

Environmental Protection Agency's (EPA) [Tools for Schools Action Kit](#) shows schools how to carry out a practical plan to improve indoor air problems at little- or no-cost using straightforward activities and in-house staff.

American Lung Association's [Tobacco-Free School Campus Policy](#)